

PHED 1306 First Aid and Safety

Course Syllabus: Fall 2018

"Northeast Texas Community College exists to provide responsible, exemplary learning opportunities."

focused

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Office Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Online
	8:00-	7:45am-	8:00-	7:45am-	9:00am-	
	9:30am	9:15am	9:30am	9:15am	11:00am	
		&12:00pm-		&12:00pm-		
		1:00pm		1:00pm		

The information contained in this syllabus is subject to change without notice. Students are expected to be aware of any additional course policies presented by the instructor during the course.

Catalog Course Description: This course is designed to develop the knowledge and skills necessary to be effective as a civilian NON-CERTIFIED first responder to minor accidents, injuries, and sudden illness. Caregiving skills while formal medical response is enroute will be taught as well as accident prevention principles will be also included. THIS COURSE IS NOT A CERTIFICATION OF FORMAL MEDICAL TRAINING AND AS SUCH, DOES NOT AUTHORIZE THE PRACTICE OF ANY MEDICAL PROCEDURES WITHOUT THE SPECIFIED DIRECTION OF A PHYSICIAN. Any liabilities incurred by the student for any such Responder action(s) will be the sole responsibility of the student as a GOOD SAMARITAN, but NOT as a certified or licensed First Responder. Certification/License of that kind requires more/different training that is authorized by the Texas Department of Health Services and/or the Texas Department of Licensing and Regulation.

Required Textbook(s): Responding to Emergencies, New and Revised edition, 2012

Publisher: American Red Cross, Krames Stay Well Publishers

ISBN Number: 978-1-58480-554-0 **Recommended Reading(s):** None

Student Learning Outcomes:

- 1. Develop the knowledge and skills needed to meet many different types of situations when emergency first aid care is needed and, medical assistance is not excessively delayed.
- 2. Develop the knowledge and skills needed to aid the infant, the child or the adult who us experiencing a breathing emergency.
- 3. Develop knowledge and skills in the use of the AED (Automated External Defibrillator)
- 4. Develop knowledge and understanding of the many caused of accidents and injuries so that action can be taken to eliminate or minimize such causes.

Evaluation/Grading Policy:

The final grade will be determined as follows:

For your final grade:

Exams: FOUR (4) exams will be worth **50%** of the total grade. The first three exams will be worth **10%** each and the final exam is a comprehensive exam which will be worth **20%. Exam questions will be multiple choice and short answer and will be limited to material covered in textbook & class exercises. (The majority of questions will be taken from class exercises.)**

Class Participation: Students are expected to attend class and participate appropriately in class exercises. In addition to regular attendance, spirited and appropriate discussion and thoughtful questions will help to raise the student's grade. These participation and attendance points will make up 30% of your course grade.

Course Readings: To help facilitate class discussion, it is absolutely necessary that class readings be read – and read on time. Weekly readings as specified in syllabus are required, and will be worth **20%** of the total course grade.

Letter grades will be assigned according to the following scale: A = 90-100 C = 70-79 F = below 60

B = 80-89 D = 60-69

Please be aware that NO EXTRA CREDIT WILL BE GIVEN at the end of the semester. The average shown in Bb will determine the final course grade, and **no additional work** is possible.

Attendance: At the end of the semester, grades will be calculated according to the percentages in the syllabus, and the only adjustment that will be made is if the final percentage is WITHIN ONE POINT of the next letter grade (and NO more), and the student has missed THREE OR LESS LECTURES. (Mitigating circumstances will be taken into account at the discretion of the instructor.) The grade will then be rounded up to the next letter grade.

General:

Students should log onto **Blackboard (Bb)** ASAP and **carefully** read **all announcements. Bb** and **student email** should be checked **DAILY** for **new announcements or messages.**

Questions are welcomed during office hours (or by appointment), or if more convenient, they can be directed to me either by phone or e-mail. Please do not hesitate to ask questions! There is no such thing as a stupid question. It is only stupid NOT to ASK them. It is VERY difficult to improve your course average after you fail the first exam, so PLEASE contact the instructor for help or studying tips EARLY in the semester, before it is too late to make a difference.

Exam/Quiz Make-Up Policy: If a student is unable to take an exam/quiz as scheduled, a make-up will be arranged ONLY if the reason is legitimate, and the instructor is notified IN ADVANCE of the time the exam/quiz is scheduled (or becomes unavailable), either through the telephone or e-mail. Students who fail to make appropriate arrangements will receive a grade of "0" for the exam missed. There will be no exceptions.

Student Responsibilities/Expectations:

If you attend this class or a portion of this class on-campus then class etiquette dictates that you will:

- 1. Attend class each time the class meets.
- 2. Be on time for class and <u>remain for the entire period</u>. You may not receive credit if you do not attend all sessions.
- 3. Refrain from talking while the professor is lecturing. Idle chattering and giggling are disruptive to the class and disrespectful to your professor and your classmates.
- 4. Be attentive and participate in class.

NTCC Academic Honesty Statement:

"Students are expected to complete course work in an honest manner, using their intellects and resources designated as allowable by the course instructor. Students are responsible for addressing questions about allowable resources with the course instructor. NTCC upholds the highest standards of academic integrity. This course will follow the NTCC Academic Honesty policy stated in the Student Handbook."

Academic Ethics

The college expects all students to engage in academic pursuits in a manner that is beyond reproach. Students are expected to maintain complete honesty and integrity in their academic pursuit. Academic dishonesty such as cheating, plagiarism, and collusion is unacceptable and may result in disciplinary action. Refer to the student handbook for more information on this subject.

ADA Statement:

It is the policy of NTCC to provide reasonable accommodations for qualified individuals who are students with disabilities. This College will adhere to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations as required to afford equal educational opportunity. It is the student's responsibility to arrange an appointment with a College counselor to obtain a Request for Accommodations form. For more information, please refer to the NTCC Catalog or Student Handbook.

Family Educational Rights And Privacy Act (Ferpa):

The Family Educational Rights and Privacy Act (FERPA) is a federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children's educational records. These rights transfer to the student when he or she attends a school beyond the high school level. Students to whom the rights have transferred are considered "eligible students." In essence, a parent has no legal right to obtain information concerning the child's college records without the written consent of the student. In compliance with FERPA, information classified as "directory information" may be released to the general public without the written consent of the student unless the student makes a request in writing. Directory information is defined as: the student's name, permanent address and/or local address, telephone listing, dates of attendance, most recent previous education institution attended, other information including major, field of study, degrees, awards received, and participation in officially recognized activities/sports.

COURSE SCHEDULE

DATE	CONTENT	CHAPTERS
WEEK 1	Class Orientation - Syllabus, Blackboard and Textbook	
	If Not You Who?	CH 1
	Responding to Emergencies	CH 2
WEEK 2	Before Giving Care	СН 3
	Checking the Victim	CH 5
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WEEK 3	Bleeding Shock	CH 8 CH 9
	SHOCK	CH 9
Material		End Exam
WEEK 4		Review
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		CH 1-5, 8-9
WEEK 5	Soft Tissue Injury	CH 10
WEEK 3	Musculoskeletal Injuries	CH 11
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WEEK 6	Injuries to the Extremities	CH 12
	Injuries to the Head, Neck & Spine	CH 13
WEEK 7	Injuries to the Chest, Abdomen, & Pelvis	CH 14
WEEK /	injuries to the chest, Modolien, & Leivis	Review
Material		End Exam
WEEK 8		EXAM 2
		CH 10-14
	Sudden Illness	CH 15
	Poisoning	CH 16
	Bites and Stings	CH 17
WEEK 9	Substance Abuse	CH 18
	Heat and Cold Related Emergencies	CH 19
Material		End Exam
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WEEK 10		Review EXAM 3
		CH 15-19
WEEK 11	Reaching and Removing Victims Short Distances	LAB
	Bandaging	LAB
	Splinting	LAB
WEEK 12	Speaker	
	Obstructed Airway, Infant, Child and Adult	LAB
WEEK 13	Thanksgiving week-Continue Obstructed airway if needed	
WEEK 14	CPR, Infant, Child, and Adult	LAB
WEEK 15	AED, Infant, Child, and Adult	LAB
WEEK 16	FINAL EXAM	EVERYTHING