

# International Cuisine Syllabus

Spring Semester 2020 Monday 1:30-

## 5:30 pm Instructor Information

Instructor	Email	Office Location & Hours
Chef Bren Young	byoung@ntcc.edu	Culinary Arts School Monday Tuesday Wednesday 11:00-1:30

## General Information

### Course Description

The study of classical cooking skills associated with the preparation and service of international and ethnic cuisines. Topics include similarities between food production systems used in the United States and other regions of the world.

### End-of-Course Outcomes:

Explain the impact of global cuisines in the development of classical cooking principles and food preparation: interpret basic and advanced cooking principles in the preparation of classical food dishes: identify the origin of menu items.

### Expectations and Goals

- Understand the food and nutrition of different regions of the world.
- Demonstrate various culinary techniques through the use of meat, seafood, poultry and variety meats, regions and cultures.
- Identify the relationship between climate, topography, and diet of the region and the use of herbs, spices, oils and vinegars.
- Analyze how foods of populations were adapted and adopted into the cuisine of each region.

## Course Materials

### Required Materials

**Dress Code for all Culinary Department Classes** – please arrive at class in uniform. No students will be permitted in the lab/class without proper uniform. Any missing item will result in the loss of uniform points

**No exceptions. Uniform is as follows:**

- CLEAN Chef Coat
- CLEAN Chef checkered black and white pants
- CLEAN Chef Hat & non-slip shoes

**Tools Needed** for this class:

- Knife Kit, Notebook, Pens/Pencils, Sheet Protectors, Spiral/Tablet, notecards, sharpie and a thermometer

### Required Text

**Textbook: International Cuisine by The International Culinary Schools at AI ISBN: 10:0470410760**

## Course Outline

1. The Cuisine of Mexico
2. The Cuisine of South America
3. The Cuisine of the Caribbean
4. The Cuisine of Japan
5. The Cuisine of China
6. The Cuisine of Korea
7. The Cuisine of Southeast Asia
8. The Cuisine of Spain
9. The Cuisine of the Middle East
10. The Cuisine of Turkey, Greece, and Crete
11. The Cuisine of Africa

12. The Cuisine of India
13. The Cuisine of the British Isles
14. The Cuisine of France
15. The Cuisine of Italy
16. The Cuisine of Germany, Austria, and Switzerland
17. The Cuisine of Scandinavia and Russia

These outlined regions will not stay in this order and will be paired and tripled up into a single class or eliminated as needed.

## **Additional Information and Resources**

**The New Food Lover's Companion:** by Ron Herbst, Sharon Tyler Herbst (optional)

Grading:

Quizzes and Exams: 20%

Homework: 20%

Daily Grade/Attendance: 20%

Food Production: 20%

Projects: 20%

The grading scale below will be used to determine your final grade.

90-100	A
80-89	B
70-79	C
60-69	D
59 & below	F

## **Institutional/Course Policy:**

### **TARDINESS:**

Class will start on time and tardiness will not be tolerated. Tardiness of (3) times equals one day being absent of class, it will also count off on your daily grade.

**ATTENDANCE-** This is a hybrid course which means we only meet 16 times per semester. You are only allowed 3 unexcused absences.... more than 3 and you automatically fail the course! Attendance is necessary in this class. You must make every effort to be present and on time to every class. An absence will be excused if you can document illness, major catastrophe, and a death in your family, or for an excused NTCC activity. You must inform the instructor BEFORE the scheduled class period if you believe an absence should be excused. The student is responsible for obtaining any classroom assignments, turning in homework or notes given during his/her absence.

**Quizzes and Homework:** There will be written and oral quizzes and homework throughout the semester. **Practical:** Students will be required to test their cooking skills on their own during the practical. THESE CAN NOT BE MADE UP. The practical goes with your written final for those respective grades.

**Daily Grade/Attendance:** Grade is based on daily attendance, discussion, and being prepared for the lesson and participation of the events that are held throughout the semester. There will be no makeup days for daily grade or attendance. Class attendance is required. If

### **PORTFOLIO INSTRUCTIONS:**

Comprehensive notebooks are to be kept throughout the semester. Pictures of finished recipes and complete dishes are encouraged. This notebook is for you, it will contain everything

you learn in this class and will be a valuable tool for you to have in the future.

- Each student will keep an extensive notebook for this class
- Notebook is to be turned in on Monday during the week of Friends and Family
  - No late notebooks will be accepted, failure to turn in notebook will result in a grade of ZERO.
- Notebook is to include:
  - Title Page (Your name & Class Name)
  - Class Notes (your notes, not someone else's!) typed or hand written
  - All recipes and pictures (CLEAN!) with notes on back, or attached
    - All recipes should have grade you received in the top right corner
    - Pictures should be with recipes
  - All Class Handouts
  - All quizzes/tests
  - All homework not related/attached to recipes
  - All sections should be separated and labeled

### **Lab Clean-Up**

All students are expected to participate in class/lab clean up. You are responsible for your tools, dishes and area during production; once graded, you are expected to help out in the clean-up process.

- All dishes/pots and pans/bowls/utensils will be washed, dried and stored properly.

- All equipment will be cleaned and wiped down with a sanitizing solution.
- All small parts will be stored with their accompanying equipment (lid/blades with the processor, etc.)
- Floors will be thoroughly swept, trash bagged and removed to the outside bins, then mopping. Mopping will be final activity before class dismissal.
- Dirty towels will be placed in the washing machine
- Failure to participate actively in clean-up will result in a zero-grade for the day.
- Our profession is one based on tradition and respect. Respect your instructor, your classmates, your kitchen and most of all, respect yourself.

### **Lab etiquette:**

### **In addition to having all recipes and equipment you will need to abide by the following kitchen policies:**

- No jewelry except a wedding ring (absolutely no facial piercings and only one small pair of earrings such as studs –male or female)
- Clean shaven faces only
- Students hair must be restrained (no pieces hanging out in front)
- No long or fake or painted finger nails
- Students top button must be buttoned in the kitchen
- Personal hygiene is a must! We work in small spaces.
- Proper shoes must be worn in the kitchen with socks. This is for safety and hygiene and is a must!

\*\*\*\*\*These are the most broken rules and the most watched for now. When you enter the kitchen each time you will wash your hands, line up in front of the pan and spice racks, present your recipes and be ready for inspection. Any student not in compliance with kitchen rules and or not ready for class will get one warning to go and correct the situation (if it can be correctly right then it should be) and if not corrected the student will be asked politely to leave the kitchen. Please be advised that this action will result in zeros for the day that CAN NOT be made up.

### **ADA Statement**

It is the policy of Northeast Texas Community College to provide reasonable accommodations for qualified individuals who are students with disabilities. This College will adhere to all applicable federal, state and local laws, regulations and guidelines with respect to providing reasonable accommodations as required to afford equal educational opportunity. It is the student's responsibility to arrange an appointment with a College counselor to obtain a Request for Accommodations form. For more information, please refer to the Northeast Texas Community College Catalog or Student Handbook.

**Family Educational Rights And Privacy Act (FERPA):** The Family Educational Rights and Privacy Act (FERPA) is a federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children's educational records. These rights transfer to the student when he or she attends a school beyond the high school level. Students to whom the rights have transferred are considered "eligible students." In essence, a parent has no legal right to obtain information concerning the child's college records without the written consent of the student. In compliance with FERPA, information classified as "directory information" may be released to the general public without the written consent of the student unless the student makes a request in writing. Directory information is defined as: the student's name, permanent address and/or local address, telephone listing, dates of attendance, most recent previous education institution attended, other information including major, field of study, degrees, awards received, and participation in officially recognized activities/sports.

### **Academic Honesty**

All forms of academic dishonesty including cheating on tests, plagiarism, collusion, and falsification of information call for discipline.

*Cheating* on tests is defined to include the following:

- Copying from another student's paper;
- Using materials during a test not authorized by the person giving the test;
- Collaborating with any other person during the test without permission;
- Knowingly obtaining, using, buying, selling, transporting, or soliciting in whole or in part the content of tests not yet administered;

- Bribing any other person to obtain tests or information about tests;

- Substituting for another student or permitting any other person to substitute for one.

*Plagiarism* is defined as the appropriation of any person's work and the unacknowledged incorporation of that work in one's own work offered for credit.

*Collusion* is defined as the unauthorized collaboration with any person in preparing work offered for credit.